

Junior Journey – Get Moving!

Science

- *observe how plants use energy
- *test the efficiency of various lightbulbs

Arts/crafts

- *make recycled paper
- *using recycled paper (not what was made earlier) to make beads
- *make hot drink cozies from recycled denim
- *make old fashion silhouettes

Leaders

- *discuss basics of energy and efficiency
- *discuss personal energy and energy pledges
- *discuss wasteful packaging
- *discuss drafts and consequences/improvements and insulation

Cooking

Cooking

- *make high energy snacks; granola bars, trail mix
- *make popcorn balls & form into lightbulbs

Cats

- *play energy circle game, communication maze game and freeze dance
- *do energy web with girls using ball of yarn
- *experiment with insulation with clothing

Guest Speaker

- *artist that uses recycled goods
- *hybrid car owner
- *any energy expert

Nature

*observe animal and plants and jot down what they hear, see and smell

Misc.

*conduct energy audit in building, discuss results and improvements

*recycled bead swaps

*innovate project; start recycle program, reuse books, clothes?????